



## T.A.H. Performance Consultants, LLC

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## Building Powerful CONNECTIONS™

### Speaking and Presentation Skills Coaching



Unconscious bias, cultural misunderstanding, language differences and communication errors can have a negative impact on your presentations and prevent you from **connecting** with your audience. The good news is whether it's a seminar, speech, training program, class or meeting, we can

learn to successfully communicate our message to a diverse group of individuals. Our fully customized Speaking and Presentation Skills Coaching program will teach you how. Specifically, because of this program, you will be able to:

1. Use the Presentation Skills Inventory to identify your strengths and weaknesses as a speaker.
2. Apply a 5-Step process to create powerful presentations, improve your eloquence and reduce "stage fright."
3. Use The L.U.C.A.S. Approach™ to build powerful connections with your audience and articulate your messages more effectively.
4. Apply skills such as the S.O.L.E.R. technique, proxemics and kinesics to enhance your ability to connect with diverse audiences.
5. Reduce the impact of internal, external, emotional and cultural **noise** on your presentations, classes, workshops and meetings.

## The Coach



Dr. Tyrone Holmes is a professional speaker, coach, consultant and author. As the owner of T.A.H. Performance Consultants, he has taught thousands of people from corporations, educational institutions and government agencies to build powerful relationships in culturally diverse settings. Dr. Holmes developed The L.U.C.A.S. Approach™ as a tool we can use

to reduce the *noise* in our lives, to effectively communicate our messages, and to connect with diverse audiences and groups. He is a former faculty member at both Eastern Michigan University and Wayne State University in Detroit, and the creator of the Building Powerful CONNECTIONS™ Multicultural Communication System.

Dr. Holmes has published numerous articles, white papers, manuals and 4 books. He wrote his most recent book, *Making Diversity a Competitive Advantage: 70 Tips to Improve Communication*, as a tool we can use to build powerful connections in diverse organizations.

In addition to his efforts to make diversity a competitive advantage, Dr. Holmes is certified as a personal trainer through the American Council on Exercise (ACE), as a Level 1 (Elite) Cycling Coach through USA Cycling and as a TrainingPeaks Level 2 Certified Coach. Just for fun, he rides his bike more than 5,000 miles a year and competes in numerous events from 3 to 100 miles in length.

Dr. Holmes is the Past President of the Arizona Chapter of the National Speakers Association and he loves to facilitate fun, interactive sessions that provide useful tools and techniques for participants.

## Sample Testimonials



*Thank you for facilitating this year's diversity presentation. The RAs could not stop saying exciting and thought-provoking things about the information you covered. The evaluation showed high marks - RAs scoring each question at a 4 or higher. The things they liked most about the presentation were: The L.U.C.A.S approach, learning the listening skills, the group activities and the style in which you deliver a presentation. They felt engaged and part of the process.*

*I hope the high marks and comments provide you with some insight as to what the evaluations showed. Again, thanks and I'll be sure to keep you in mind for future sessions.*

**Eltaro Hooper, Associate Director of Residence Life, Saginaw Valley State University, University Center, MI**

*Dr. Holmes, my sincere thanks for the great work you did with our Diversity Council and Recruiting Team. The facilitation and training you provided was of the highest caliber and resulted in us developing Diversity Council Goals and a diversity Recruiting Plan that had total buy in from the respective teams. Your depth and breadth of knowledge regarding the subject of diversity and your practical approach were greatly appreciated by my leadership team. We will achieve our goals!*

**Mike Beamish, Executive Director of Human Resources, Volkswagen of America, Auburn Hills, MI**

*Dr. Holmes is a subject matter expert regarding workplace diversity challenges and opportunities. His relaxed presentation style and demeanor make him a highly effective facilitator and presenter. He is able to create the ideal environment for openness, learning and sharing. I would highly recommend his training programs to other organizations.*

**Deborah L. Young, Vice President, Corporate Human Resources, R. L. Polk & Co., Southfield, MI**

*Dr. Holmes has helped us learn the dos and don'ts of intercultural communication. He has helped our community understand that diversity is an enriching resource, and has helped us reduce the 'us' and 'them' attitude in our organization. Our students and staff are enthusiastic about what they learned from Dr. Holmes.*

**Father George F. Lundy, S.J., Ph.D., President – Wheeling Jesuit University, Wheeling, WV**