

# Dr. Tyrone A. Holmes, Ed.D

A Professional Speaker and Consultant  
Building Powerful CONNECTIONS® in Diverse  
Organizations



## Building Powerful CONNECTIONS® Communication Skills Coaching

America is one of the most culturally diverse societies on earth. Whether it is based on race, age, gender, religion, sexual orientation or physical ability, you are more likely than ever to find yourself in a diverse organizational setting. While this diversity offers many benefits, it can also create barriers that inhibit the development of personal and professional relationships. Fortunately, we can learn to build powerful connections with a diverse range of individuals. Our fully customized Communication Skills Coaching program will teach you how.



### Because of this coaching process, you will be able to:

- Use the Communication and Workstyle Inventory to identify your communication preferences and describe how these preferences can impact your interactions with others.
- Use The L.U.C.A.S. Approach® to apply skills such as the S.O.L.E.R. technique, active listening, empathy, self-disclosure and metacommunication to reduce noise, improve communication and motivate others to action.
- Use inclusive language to eliminate words and phrases that hinder communication.
- Reduce stereotyping, cultural misunderstanding, unconscious bias and the impact of language differences.

Contact Dr. Holmes for more information

Contact info

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## Testimonials

*I have been a pediatrician practicing in a group practice for nearly 30 years, but when I decided to develop a program marrying my medical expertise with my passion for multisport, I was lost. Serendipitously, I had the great fortune of meeting Tyrone at a USAT sponsored business coaching retreat, where he was one of the presenters. The rest is history. In less than one year, he has coached me to developing a concept into a reality! Tyrone is a visionary, who is able to structure, organize, prioritize and succinctly guide in a way that I find simply remarkable. I am amazed at his simplistic genius and continue to be grateful for his business coaching and his kind spirit. Health Powered By You, LLC, is another feather in Tyrone's cap that is already a full headdress!*

**Dr. Suanne Kowal-Connelly, MD, Health Powered By You, LLC, Baldwin Harbor, NY**

*Hello Tyrone! Thanks again for the great session you presented last night. The "Three Questions" model, tips for facilitating presentations that generate revenue, positioning speaking fees, and practical examples from your experience was all well received. All of the information you shared made participants think about ways they can position what they offer in a different way. We really appreciate your willingness to bring value to our membership!*

**Steve Doolittle, Director of Events, National Sales Network - Phoenix Chapter**



Dr. Tyrone Holmes is a professional speaker, coach, consultant and author. As the owner of T.A.H. Performance Consultants, he has taught thousands of people from corporations, educational institutions and government agencies to build powerful relationships in culturally diverse settings. Dr. Holmes developed The L.U.C.A.S. Approach® as a tool we can use to reduce the noise in our lives, to effectively communicate our messages, and to connect with diverse audiences and groups. He is a former faculty member at both Eastern Michigan University and Wayne State University in Detroit, and the creator of the Building Powerful CONNECTIONS® system. Dr. Holmes published his most recent book, *Making Diversity a Competitive Advantage: 70 Tips to Improve Communication*, as a tool we can use to build powerful connections in diverse organizations. Dr. Holmes is the Past President of the Arizona Chapter of the National Speakers Association and he loves to facilitate fun, interactive sessions that provide useful tools and techniques for participants.

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